

Spring Cleaning Checklist

Kitchen

- Dust any light fixtures or fans carefully.
- Dust the top of your cabinets.
- Clear out the cabinets and wipe out any built-up dirt or grime.
- Take everything off the countertops and clean them with disinfectant spray or wipes.
- Wash any windows, windowsills and window coverings. Vacuum out the tracks.
- Wash the microwave plate in the dishwasher and deep-clean the inside.
- Empty the pantry and check for any items past their prime.
- Wipe down cabinet faces, pulls & handles, pantry doors and the fridge and freezer.
- Empty the refrigerator, toss expired items and wipe down shelves and drawers.
- Throw your cloth kitchen mats or rugs in the washing machine.
- Vacuum, sweep and mop the floors.
- Run a "clean" cycle on the oven, let it cool completely and wipe it out.
- Deep clean any small appliances: kitchen aid, coffee machine, etc.
- Clean your backsplash and deep clean the grout if it is tile. Reseal grout if needed.
- Wash walls and base boards.
- Wash out the garbage can.

Bathroom

- Wash the shower curtain and rugs.
- Empty bathroom cabinets and throw out any expired or damaged items.
- Dust light fixtures and vents.
- Dilute a few drops of dish detergent in a bucket of water and carefully wipe down the walls. You can also substitute distilled white vinegar for the soap.
- Wipe down drawers and dust shelves, working from top to bottom.
- Snake the shower drain and sink drain to remove any built-up residue.
- Deep-clean the shower and tub using disinfectant and bleach.
- Use disinfectant spray to clean sinks.
- Use window cleaner to get spotless mirrors, sink hardware and windows.
- Wipe down the exterior of the toilet and clean the inside of the bowl.
- Wash baseboards.
- Sweep or vacuum floors before washing with a cleaning solution.
- Reorganize products stored under the sink and in drawers.
- Properly dispose of expired medication.
- Wash out garbage cans.

Bedroom

- Start a load of laundry for bed sheets, pillowcases, blankets and curtains.
- Dust light fixtures and ceiling fans.
- Remove any hanging decorations and picture frames to be dusted and wiped down.
- Run a lint brush over lamp shades.
- Wipe down and clean windows and windowsills.
- Polish or treat wood furniture.
- Vacuum or sweep the floor.
- Clean the mattress using the upholstery attachment on your vacuum.
- Move furniture towards the center of the room and wipe down baseboards and trim.
- Flip your mattress.

Living Room

- Clear off any surfaces and check for random things under the couches and chairs.
- Dust bookcases, television stands, video game consoles, coffee and end tables.
- Use furniture polish to wipe down the tops of tables and consoles.
- Wash windows and windowsills and vacuum out the window tracks.
- Wash curtains, drapes, blankets and throw pillows with removable covers.
- Disinfect any children's toys with either soap-and-water or kid-safe wipes.
- Wipe down baseboards.
- Deep clean the floors, sweep and wash hardwoods and vacuum all carpeting.

Closets

- Carefully wipe down any ceiling lights.
- Clear off shelves and drawers.
- Wipe everything down with a duster.
- Clean baseboards.
- Use a general cleaner to clean closet doors and knobs.
- Sweep or vacuum the floor and door tracks.

Entryway

- Clean doorknobs, light switches and wipe down electrical outlet covers.
- Clear out the closet and vacuum.
- Declutter and organize the coat closet.

Extra/Misc.

- Check smoke and carbon monoxide detectors.
- Clean and organize the linen closet.
- Clean or change the furnace filter.
- Change over your seasonal clothing.
- Sanitize pet toys.
- Wash pet food and water bowls.
- Wash and groom your pet.
- Spackle holes in the wall and touch up the paint.
- Place new air fresheners and candles around the house.